

# BIKE AREA ACCESS REGULATIONS



We are pleased to welcome you to our resort. Please remember that mountain biking, in all its forms, involves potential risks. Common sense, a clear understanding of your abilities, and proper technical preparation can help minimize these risks, but the possibility of injury remains an inherent part of the activity.

We urge all bikers to approach the trails with appropriate physical and technical readiness and to use mandatory gear (helmet and protection) suited to the difficulty level of the trails. Accessing the area and trails implies full personal responsibility for one's own behavior and any resulting consequences, as well as complete acceptance of the current regulations. Courmayeur Mont Blanc Funivie S.p.A., the Bike Park management, the Courmayeur townhall and/or relevant authorities accept no responsibility for injuries or damage to persons or property.

## Code of Conduct

1. **Trail maintenance:** Outside of the lift operating periods, the bike trails are not subject to regular or extraordinary maintenance and their use is prohibited.
2. **Evaluate the trail:** Before starting, make sure the trail matches your technical and physical skills and your equipment. Proper riding skills and awareness are essential to safely navigate the trails and avoid danger to yourself and others.
3. **Mandatory equipment:** Use an MTB suited to the chosen route. Always wear a certified helmet, protection gear, and clothing appropriate for the trail type.
4. **Equipment check:** Before entering the trails, ensure your bike and protective gear are in perfect condition. If in doubt, consult a service center.
5. **Initial inspection:** Always do a first slow descent to assess trail conditions. Remember, terrain may vary quickly even between successive sections.
6. **Speed control:** Always maintain a speed appropriate to your ability and the trail characteristics.
7. **Signage:** Strictly follow road regulations and all signage, including MTB-specific and general road signs. Pay particular attention at crossings and pedestrian and road intersections.
8. **Safe distances:** Always keep a safe distance from the rider ahead. If you encounter people stopped or obstacles on the trail, slow down immediately. Avoid stopping on the trails; if you must, step off the trail in a visible spot.
9. **Staff instructions:** Always follow directions from Bike Area and lift staff.
10. **Authorized trails only:** Ride only on trails open to MTB traffic and "shared trails." It is forbidden to enter closed trails or those designated for pedestrians only.
11. **Right of way:** On "shared trails," follow proper right-of-way rules: pedestrians first, then animals, then bikes.
12. **Access restrictions:** Walking on bike trails, riding uphill, or using motorized vehicles is strictly prohibited.
13. **Trail modifications:** It is forbidden to modify trails or existing features.
14. **Personal responsibility:** Always remain alert and prepared to avoid unexpected obstacles, such as wildlife, people, or other unforeseen elements even if not marked on the trail.
15. **Crossings:** Some trails cross roads or paths. Slow down and pay close attention to vehicles or pedestrians, respecting right of way.
16. **In case of accident:** Provide assistance if needed, call 112.
17. **Animal respect:** Do not approach, disturb, or feed animals. If encountered, stay calm and avoid startling them.
18. **Environmental respect:** Respect nature. Do not damage vegetation or leave litter. Do not leave marked trails or enter closed trails, cultivated land, or the forest.
19. **Misconduct:** Any inappropriate behavior on trails or lifts may result in the withdrawal of your lift pass, with no refund.
20. **Lift and trail operations:** For safety reasons (e.g. weather, technical issues, unexpected events), lifts and trails may be closed without notice or compensation.
21. **Alcohol and substances:** Access to trails or lifts under the influence of alcohol or drugs is strictly prohibited.